



Making a Picnic Blanket using Crisp Packets

Aditi Bhat, Sanjana Chaturvedi, Sree Venya Reddy Gaddam, Soha Dawood

Questions: info@biea.org.uk

How many Crisp Packets do I collect?

Brain storming



This depends on the how big you want your picnic blanket.

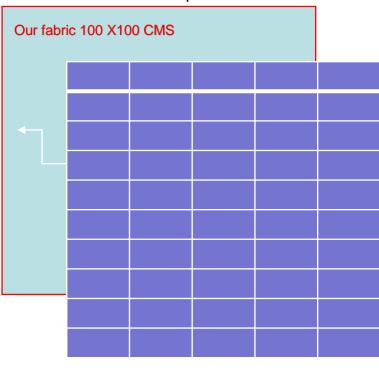
E.g:

- Say I want to make 100cms X 100cms blanket.
- Measure the dimension of each opened crisp packet (say 20cms X 10cms)
- Imagine a grid made by these crisp packets to cover our chosen size of fabric.
- Basically, we are overlaying this crisp packet grid on the fabric (space of 100cms X100cms)



Our rough estimate : 5X10 = 50 packets + few extras Taking account overlaps

For this example:



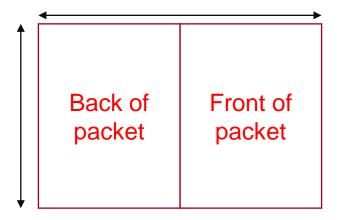
Opened crisp packet of dimension 20X10 cms

Measuring the crisp packet

Cut open the Crisp Packet with love



Opened Crisp packet





Safety measures!

- 1. Choose a well-ventilated room to work with plastic.
- 2.Use a face mask while ironing the packets.
- 3. Make sure no kids are running around.
- 4.Iron is hot



What You need:

- Desire length of Fabric + extra to cover seam allowance.
- Collect used Crisp packets to cover the whole area of the fabric + extra
- Tape measure
- Scissors
- Warm water
- Soap
- A place to dry cleaned crisp packets
- Iron (no steam)
- Baking paper/Grease proof paper
- Some news papers
- Ironing board/large flat space /table or any hard surface to iron
- Threads matching the fabric
- Sewing machine
- A face mask
- A well-ventilated room



Preparing your crisp packets

- 1. Take the crisp packet, cut from already open edge as shown
- 2. Now gently pull open the bottom edge from the cut edge.
- 3. Now you have the bigger rectangle of the crisp packet











Bottom edge

- 5. Wash crisp packet in warm soapy water
- 6. Hang it on a washing line or any suitable place to dry
- 7. Make sure it's dry before you move on to the next steps
- 8. You can wipe it gently with a dish cloth if needed



Making Crisp Packet grid backing

- · Keep the dry packets ready
- Switch on the iron on a medium setting heating to start with. (If you feel its too cool and packets are not fusing you will need to turn up until you get the right temperature for your crisp packet)
- Prepare a place for ironing. Use old news paper for backing the work area.
- Wear a mask
- Place crisp packets side by side with approximately 1cms overlap.
- Cover the packet with the grease proof paper/paper and iron for 1 second (not too long + not too hard!)
- Check whether the crisp packet sheets are fused, if not increase the heat a little and repeat the fusing process.
- Repeat the fusing process with the packets to finish your first row of grid in a line. This is the first row strip.
- · Keep this aside.
- Repeat the process to get all the desired number of row strips for your grids.
- Then fuse all the row strips to get the whole grid
- Trim off any extra bits on the sides (which can be used for sealing off any holes shown in later slide)
- Check for holes and use the extra cut pieces to seal using the fusing method

Don't forget to use the grease proof paper before ironing each time





Preparing your Fabric

Say this is your fabric (1.5-inch seam allowance all round shown in blue)

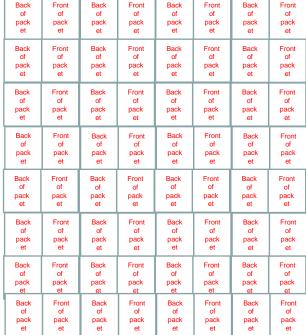
- Measure your fabric considering the seam allowance
 (Length + 2X seam allowance) X (Width of fabric + 2X seam allowance)
- 2. Mark it
- 3. Cut it

Note :Seam allowance is the extra space you add around the edge of a pattern piece so that it can be sewn together.



Say this is your fabric (1.5-inch seam allowance all round shown in blue)

Fig 1



The idea is the fused crisp packet grid in Fig 2 should fit our yellow fabric space.
The yellow fabric space is our actual size of

is our actual size of blanket we want.
Cut any extra crisp packets.



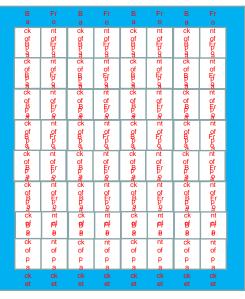
Fig 2

Sewing the Mat

- 1. Place the fabric on a flat hard surface so that the wrong side of the fabric is facing you.
- 2. Overlay the crisp packet grid on top of your fabric and adjust so that you can see the seam allowance (of the fabric) on all 4 sides as in Fig 1 (in blue).
- Fold the seams and sew it all round to secure the edges.







UPCYCLE

Fig 1

Tips

- Silver lined crisp packets are very easy to fuse.
- Experiment with the brands you find first so you know their fusing temperature .
- Finding the right temperature to fuse may take time initially but if you note down the temperature for each brand of crisp packet it will be helpful as the heat required to fuse varies from packet to packet.
- Group together packets having the same fusible temperatures.



Tips

If you have different sizes of crisp packets, its amazing! You have more flexibility to decide on your crisp grid pattern.

Think of opened crisp packets as shapes and you are fitting them in a predefined puzzle board which is our fabric. Or think of quilting.

If anyone is familiar with quilting, you can apply the same idea here. While quilting we work on different pattern pieces or shaped fabric, and then sew the fabric pieces together. It can be a regular pattern or irregular - it doesn't matter.

We are fusing crisp packets together.







Pictures taken from instructables just for illustration, https://www.instructables.com/How-to-sew-a-quilt-Quilting-101/